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The Official Newsletter of Sylvania Northview High School Volleyball







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UNUSUAL START TO 2020

by Chad Rutkowski, Head Coach

For the past five years, each season has started as planned on August 1st with tryouts. This year, we had multiple challenges with ensuring that our season was ultimately safe and enjoyable. However, COVID-19 had other plans.

The recent 14 day quarantine that our coaches and athletes are enduring has been tough... for some of our athletes, this is the second time they have quaratined for 14 days. For others who contracted this virus, it has been a battle to regain strength and health. This has put a serious strain on the season, but I am confident in our programs ability to come back stronger than we were before we left.

The impact of this is quite simple: upon our return on September 10th, we will have 35 days left in the season - our last match is October 15th. Another 14 day quarantine due to an additional positive test would be dibilitating and heartbreaking. With our new schedule, we are going to play 21 matches in 35 days! We certainly can not afford another outbreak and are implementing new procedures to ultimately keep your athlete, your family and our coaches safe. We thank you for abiding by these guidelines and know that you are all doing your very best to assure our safety and a wonderful conclusion to our season.



COVID-19 IMPACT

To assure that we are moving through the season even more safe than we have been, please note that we have implemented the following steps to assure the safety of our coaches, our athletes, and our families. Please note that these are every changing and with recent events that have caused our program to quarantine for fourteen (14) days, there are new additions that will take place effective upon our return to play on Thursday, September 10, 2020.

• New Procedures:

- All teams will practice separately at different times, in different spaces:
 - Freshman 5:00 P.M. to 7:00 P.M. in Main Gym.
 - JV 6:00 P.M. to 8:00 P.M. in Aux Gym.
 - Varsity 7:00 P.M. to 9:00 P.M. in Main Gym.
 - Please refer to the calendar for specifics in terms of weight lifting and other team functions.
- Transportation to and from matches:
 - Freshman and JV will travel together, separated on the bus with more than 6' between teams.
 - Varsity will shuttle on the same bus after Freshman and JV have been already dropped off at the away school.
 - In some instances, a second bus will be used (matches that are more than 30 minutes away).
 - Freshman and JV players will be permitted to leave upon the conclusion of their teams match at away venues (i.e. at the end of the freshman match, the freshman players are permitted to leave with their parents/guardians).
 - Bus transportation will not be available to freshman and JV players to bring them back to Northview and they will be responsible for their own transportation.
 - The only matches were bus transportation will be provided and required are Liberty-Benton, Napoleon and Ashland.
 - Although transportation will not be provided to our freshman and JV athletes, they MUST submit a <u>Transportation Permission form</u> to be transported by their parents.
 - This form will need to be submitted before athletes depart Northview and handed into their Head Coach.

• Existing Procedures That Will Continue:

- Daily temperature and symptoms checks with each athlete upon entry.
- Hand sanitizer available throughout the gym and athletic areas.
 - Athletes and coaches must santize before and after practice.
 - Sanitizer is available throughout practice and is encouraged to be used as frequent as possible.
- Sanitization of equiment daily after use.
- Locker rooms are off limits until further notice, so athletes must come fully prepared for practice before they enter Northview.
- Masks are worn at all times upon entry to Northview, during practice when physical exertion is not needed to perform, upon departure by all athletes and coaches.
 - Ample breaks, limited reps between breaks, and access to water is provided and encouraged throughout practice to ensure they are safe.
 - When masks are not worn, athletes should place their mask in a safe space (I.e. near their water bottle).
- Athletes gear should be washed and sanitized daily at home at the conclusion of practice.

We sincerely appreciate everybody's part to stay safe and healthy. If you or your immediate family (someone that resides under the same roof) does happen to come in contact with someone who tests positive for COVID-19, it is the responsible thing to advise your coaches immediately, so that we can be continue to keep everybody safe. We ask that everyone do their part to keep the season on a forward trajectory.



SEPTEMBER UPDATES

As September approaches, there have been significant changes to the Northview Volleyball calendar:

- Please subscribe to the Northview Volleyball calendar online:
 - Computers and Mobile Devices click here.
 - Match updates:
 - Friday, September 11 at Springfield
 - Saturday, September 12 at home vs. Amherst Steele (Senior & Parents Night)
 - Monday, September 14 at Central Catholic
 - Tuesday, September 15 at home vs. Southview
 - Thursday, September 17 at home vs. Perrysburg
 - Saturday, September 19 at Liberty-Benton
- Please use this link and this link only to view the official calendar for Northview Volleyball.
- If you are having trouble, please contact Coach Chad at (419) 392-5669 or have your athlete reach out in the Northview Volleyball GroupMe.

TEAM MEALS

For away matches, thank you to the parents who have volunteered to make this available to our athletes. We will still implement this with the changes to our schedule and will provide meals as planned.

For Friday night team program-wide meals: we are going to suspend this in order to maintain the distancing amongst teams. This will help us to keep events focused on particular teams. With the changes made to practice times and transportation, simply put, we are going to keep the pods as small as possible and isolated to individual teams.

Although, this will ultimately have an impact on our overall culture, it is in the best interest of every single person involved to keep their interactions relatively small.



username -@NVHSVBALL



FUNDRAISERS

We ask for your help to support these fundraisers and help to promote them to friends and family via social media, etc.

Mark your calendars and help us promote our 2020 fundraisers! All fliers are on our website and social media:

• Varsity Team Only - Charlie's Ice Cream, Sylvania | Sunday, September 13, 2020 from 3:00 P.M. to 6:00 P.M.

This year, we have the priviledge of partnering with the Sylvania Rec to officiate their Fall Volleyball League at the Sylvania Rec at Tam-O. Below are the times and teams that will be working:

- Sunday, September 13th 12:30 P.M. 7:30 P.M. Freshman
- Sunday, September 27th 12:30 P.M. 7:30 P.M. JV
- Sunday, October 18th 12:30 P.M. 7:30 P.M. Varsity

Please refer to the Northview Volleyball online calendar for specific times to report. Each athlete will need to wear a mask and will need to bring a whistle. Only 4 athletes will be booked for each time slot and a couple time slots will be listed per day.

THANK YOU

From all of us, our athletes, coaches, parents: although this season has been a challenge, the way that you have all responded has been simply remarkable. The care, compassion, empathy and community presence within this program is second to none. And each of you have contributed to this. This is our culture. This is what Northview Volleyball is all about.

Thank you for making this a season that will never be forgotten. Not because of said challenges, but because of each of you.











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